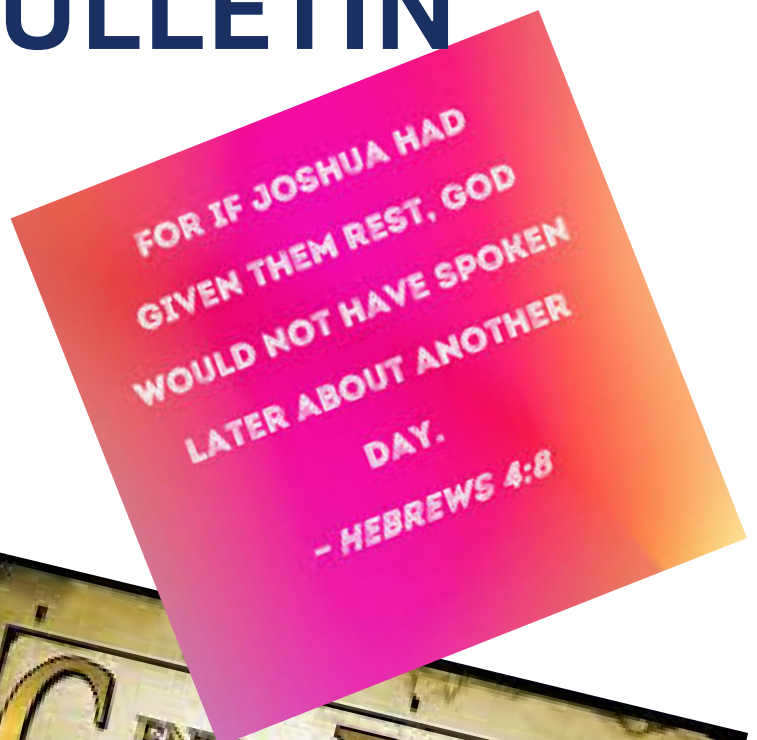


SBC BULLETIN



PASTORS

Andre van Oudtshoorn -
0418263602
Chad Power - 0403839558

SERMONS AVAILABLE ONLINE

Our website:

<https://scarboroughbaptist.com>

New details for your offering:

Branch number 704- 922

Account number 1000 19866

Scarborough Baptist Church welcomes you this morning. We are continuing our series on the book of Hebrews and will be focusing on chapter four this morning. The chapter is packed with various important themes which serve the central theme regarding faith as resting on God.

SERMON THEME: THE ONLY LEGITIMATE RESPONSE TO THE PERSON AND WORK OF CHRIST IS TO REST ON THE SALVATION HE HAS PROCURED FOR US.

If you would like a pastoral visit, are needing prayer or have some perplexing questions we might be able to help with, please let us know.



Prayer

We thank the Lord for

- the fellowship of believers in SBC and all the volunteers who make the church function smoothly
- the Falconer family who serve God in Mozambique

We pray for

- Anik who has to undergo another operation

Notices

S@6 will be on tonight

Join us for a light meal and a short service afterwards

LARK is open this week

Craft is on again this Tuesday from 9am until 11.30

Mainly Music Thursday morning

Bible Study Thursday at 7 pm at the church.

The ten commandments begin by reminding Israel that “I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery.” (Exod. 20:2) God brought them out of slavery to rest, not to go crazy trying to write more books or meet more deadlines. The first three commandments remind us that we are to worship Him alone, not the multitude of other gods who would work us into the ground. Then comes the command to keep the Sabbath, which flows out of God’s character as a God who rests and is by far the longest and most clearly elaborated commandment. The next six are about how we should treat our neighbors, which is only possible once we have been freed from “the profound anxiety of the Egyptian system.” Brueggemann tells us to “rest as did the creator God! And while you rest, be sure that your neighbors rest alongside you. indeed, sponsor a system of rest that contradicts the system of anxiety of Pharaoh, because you are no longer subject to Pharaoh’s anxiety system. Create restfulness with theological rootage, political viability, and economic significance for all in the domain of covenant ... all sons and daughters, all slaves, all cattle, all immigrants, all who depart the death system of Pharaoh who engage the offer of life given in covenant.”

It is one thing to keep the Sabbath in the desert, where it wasn’t even possible to collect manna on Saturdays, but quite another when you live in a land flowing with milk and honey. Ironically, abundance tempts us to work harder, as if what we have comes from our labors in the first place. This is why remembering plays so central a place in Deuteronomy. “Remember that the pattern of coercion has been broken,” Brueggemann writes. “Do you, when you wake up in the night, remember what you were supposed to have done, vexed that you did not meet expectations? Do you fall asleep counting bricks? Do you dream of more bricks you have to make yet, or of bricks you have made that were flawed? We dream so because we have forgotten the exodus!”

Remembering that we were freed that we might rest should embolden us to give rest to others too. This means separating ourselves from a society of consumption. Not shopping on Sundays allows others to rest as well. It means finding other ways to enjoy ourselves that involve valuing people, not things.

<https://wordsbecamebooks.com/2014/11/01/sabbath-rest/>

Now, God has offered us the promise that we may receive that rest he spoke about. Let us take care, then, that none of you will be found to have failed to receive that promised rest. 2 For we have heard the Good News, just as they did. They heard the message, but it did them no good, because when they heard it, they did not accept it with faith. 3 We who believe, then, do receive that rest which God promised. It is just as he said, “I was angry and made a solemn promise:

‘They will never enter the land where I would have given them rest!’”

He said this even though his work had been finished from the time he created the world.

4 For somewhere in the Scriptures this is said about the seventh day: “God rested on the seventh day from all his work.” 5 This same matter is spoken of again: “They will never enter that land where I would have given them rest.” 6 Those who first heard the Good News did not receive that rest, because they did not believe. There are, then, others who are allowed to receive it. 7 This is shown by the fact that God sets another day, which is called “Today.” Many years later he spoke of it through David in the scripture already quoted:

“If you hear God's voice today,
do not be stubborn.”

8 If Joshua had given the people the rest that God had promised, God would not have spoken later about another day. 9 As it is, however, there still remains for God's people a rest like God's resting on the seventh day. 10 For those who receive that rest which God promised will rest from their own work, just as God rested from his. 11 Let us, then, do our best to receive that rest, so that no one of us will fail as they did because of their lack of faith.

12 The word of God is alive and active, sharper than any double-edged sword. It cuts all the way through, to where soul and spirit meet, to where joints and marrow come together. It judges the desires and thoughts of the heart. 13 There is nothing that can be hid from God; everything in all creation is exposed and lies open before his eyes. And it is to him that we must all give an account of ourselves.

14 Let us, then, hold firmly to the faith we profess. For we have a great High Priest who has gone into the very presence of God—Jesus, the Son of God. 15 Our High Priest is not one who cannot feel sympathy for our weaknesses. On the contrary, we have a High Priest who was tempted in every way that we are, but did not sin. 16 Let us have confidence, then, and approach God's throne, where there is grace. There we will receive mercy and find grace to help us just when we need it.